Four cards to try

Print at actual size. Point to, look at or hand over a card.

I need a break	**Please help me**
It’s too loud	**I need more time**

Using the cards in class

These four cards give a pupil a way to ask for help, a break, less noise or more time. Start with whichever message matters to them.

Choose a place together

Print the first page single-sided at actual size. Keep it whole or cut out the cards. Let the pupil choose a spot where they can reach them.

Try one card in a quiet moment

Show the pupil how you might use a card yourself. If they choose “I need more time”, you might say, “Of course. I’ll give you a moment.” Then pause.

Agree how you’ll respond

The pupil might point, look towards a card or hand it to you. Acknowledge the request and say what you can do. Keep using the other ways the pupil likes to communicate, too.

FULL CLASSROOM KIT

My Voice Matters

£3.99 · Five printable A4 pages

Desk and pocket cards, a choice board, discreet requests and quick-start guidance for one classroom or individual practitioner.

Preview the full kit

Scan to see the kit