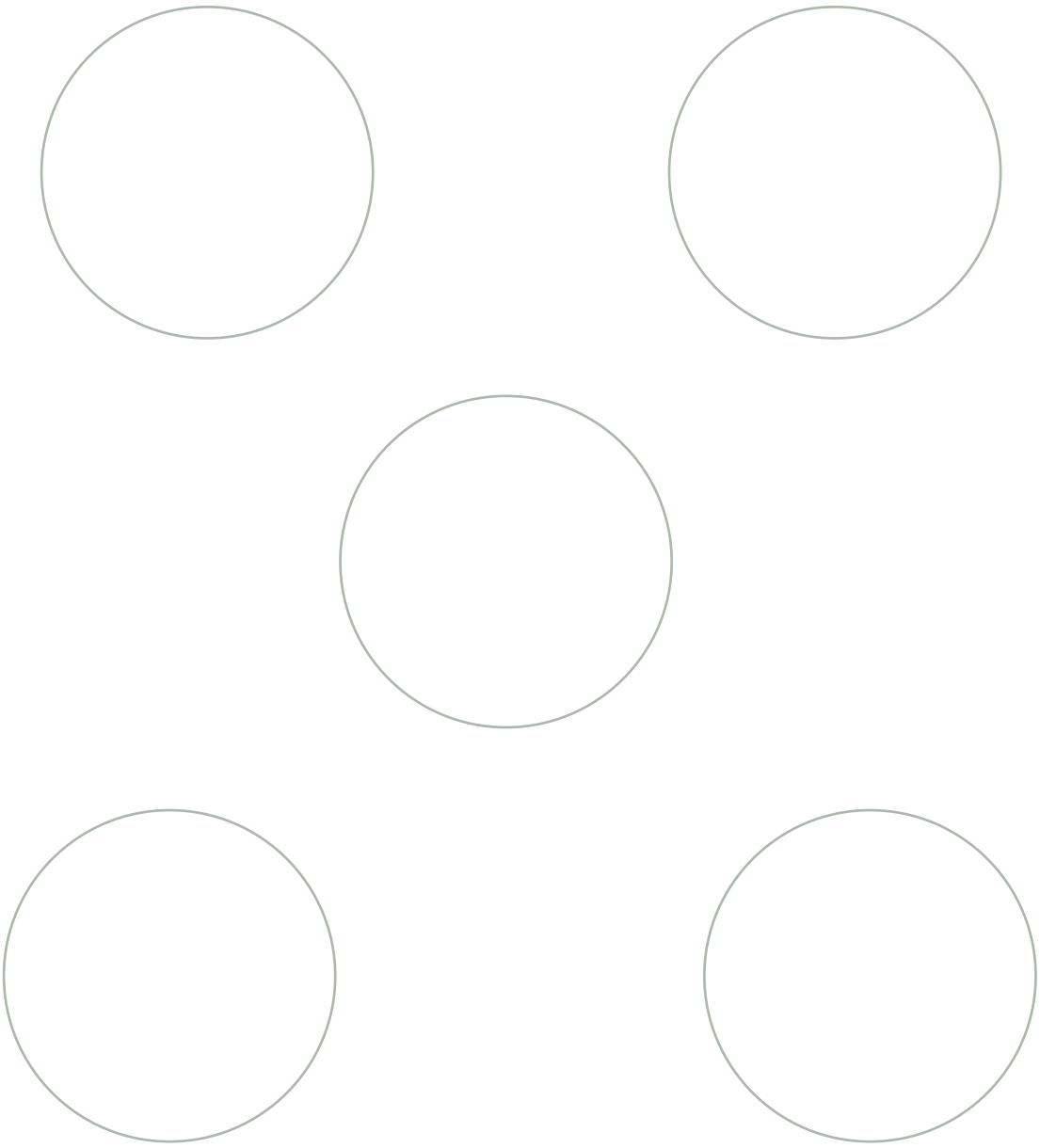
PRINTABLE ACTIVITY

My people

Use your own ideas or make this page for Elan or Nia. Draw or write people who matter. Blank spaces are fine.



I can choose who sees this page.

PRINTABLE ACTIVITY

Before, during and after

Fill this in with a grown-up for a planned time together. Write, draw or use pictures.

Before

Where am I going? Who is taking me? What would help?

During

What might I like to do? Who can I go to for a break?

After

Who will meet me? What can I do when I get back?

One thing we are still finding out. Who will tell me more, and when will we check?

PRINTABLE ACTIVITY

A question for later

Try a question for Elan or Nia, or use your own. You can ask someone to write down your words.

My question

I want to know ...

Who can help me ask?

I could take my question to ...

When will we check again?

The person who can update me is ...

I can ask to keep this page private.

Things I can say

Point, show or use the words you prefer. These cards work during reading, family time or an activity.

I need a break

Let’s stop for a little while.

Please say it again

I need more time to understand.

I want to ask

Can someone help me ask?

I’d like to pass

I can choose another activity.

I want to draw it

I can show you what I mean.

I’d like to talk privately

Can we find a quiet place?

I want someone with me

Can I choose who sits nearby?

I’m ready

We can carry on now.

PRINTABLE ACTIVITY

Feelings in the story

Pick a word or draw a face. Try this for a character. A character might feel two things at the same time.

Excited	**Unsure**	**Disappointed**
Pleased	**Sad**	**My own word**

I think the character might feel …

Which picture, words or action gave you that idea?

Another possibility is …

Draw, write or tell someone.

PRINTABLE ACTIVITY

Who could help?

Think of a character first. You can draw, write or point to one person who might help.

A person who could listen

What might the character want them to hear?

A person who could find out

What question could they take to that person?

How the character could ask

They could draw, write, point or ask an adult to help.

Example · Elan asks Priya about the next visit.

PRINTABLE ACTIVITY

A keepsake to keep or share

Draw a small moment, a leaf boat or a place from the story. You decide what to do with this page.

My drawing

Make it in your own way.

One thing I want to remember

An adult can write your words here.

If you would like to send it to someone, a grown-up can check how it can be shared.

PRINTABLE ACTIVITY

Boat test

Use a shallow tray with an adult or draw what you think would happen.

Prediction

What do you think will happen? Float, sink, tilt or something else?

Trial 1 · Leaf only

What did you see? Draw it or write a few words.

Trial 2 · Leaf and tiny paper sail

What changed? Use the same tray and waiting time.

One thing I found out

I thought ___, and I saw ___.

Put the story in order

Read or point to the cards. Try putting them in order, then tell the story with a partner.



Race leaf boats

The siblings try a different kind of boat.



Meet at the gate

Elan sees Nia in her yellow coat.



Talk on the bench

Nia says she misses Elan.

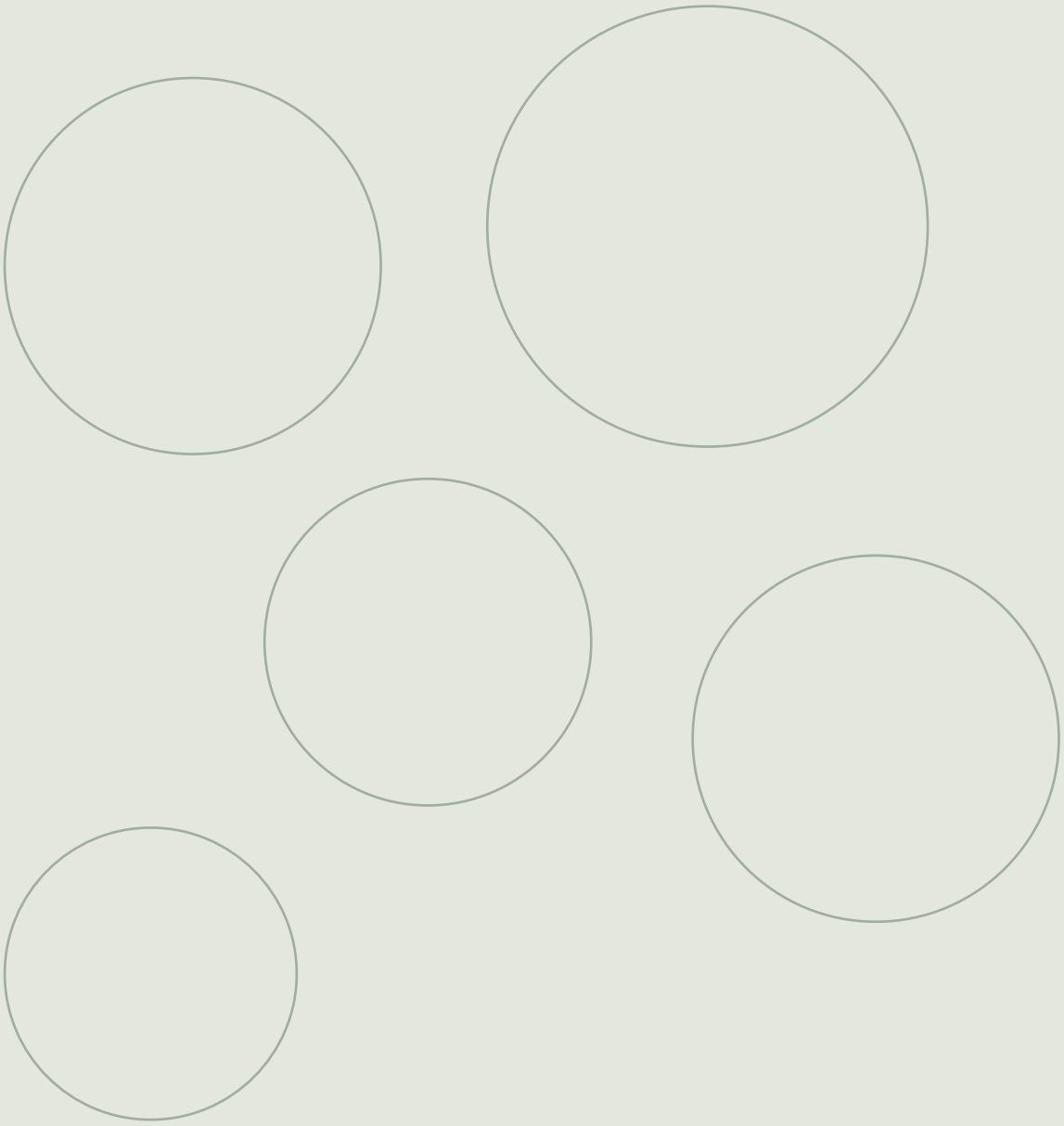


Fold paper boats

Elan and Nia remember how Gran showed them.

My people

Write, draw or ask someone to help. You can put down anyone who matters to you. You can add people another day, keep the page private or skip it altogether.



What I want to ask

Write or draw your questions. A grown-up can write them down with you if you want.

Who would I like to see or speak to?

What would I like to ask?

When will someone tell me more?