Little Steps: Getting Dressed

Find the other sleeve

You can draw, point, write or talk it through with someone.

Have a go

Lay out a T-shirt and a pair of socks, or draw them. Point to the two sleeves. Where might a hand come out when the top goes on?

Try another step

Make a little plan with two steps you want to try. Add a sign, word or picture you could use to ask someone to help with a tricky bit.