My Voice Matters — What I Need Right Now

# A message I can point to

You can draw, point, write or talk it through with someone.

## Have a go

Imagine a noisy room. A character wants more time, a quieter place or help with an instruction. Pick one message and draw a small card for it.

## Try another step

Try sharing the message by pointing, showing the card, signing or speaking. What could the other person do to show they understood?

## Explore the book

Tap here or scan the code for the paperback and story preview.