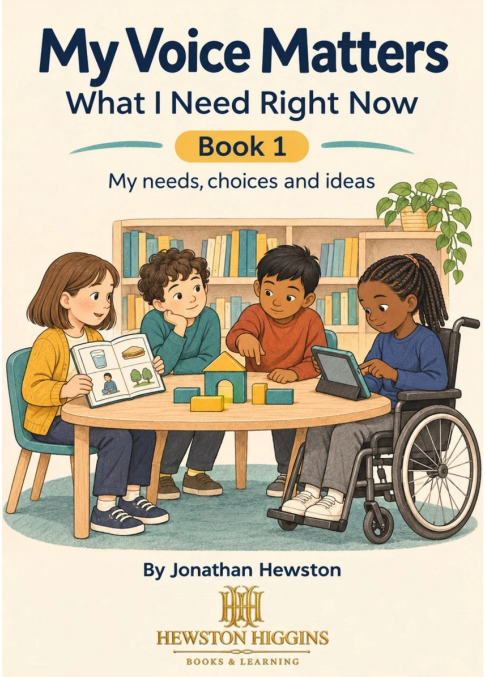
My Voice Matters

What I Need Right Now

Ages 4-9, with adult support



Explore everyday needs, choices and feelings. Children can communicate in their own ways, including speech, pointing, looking, gesture, signing or AAC.

A free taste of the book, plus a new supplementary activity. The full book and complete teaching resources are separate.

Look inside / buy the paperback:

hewstonhiggins.com/my-voice-matters-what-i-need-right-now

What I need right now

A simple text board to use if it suits you. Add familiar pictures or symbols with support. Keep the person’s usual AAC and communication available.

Yes	**No**
Help me	**Stop, please**
I need a break	**Something else**

All messages matter. A “no”, pause or request for help should be listened to. This board is an optional extra, not a replacement for an established communication system.

How am I feeling?

I can choose a word, add a picture, use my usual communication or leave this page. More than one feeling is okay.

Happy / Sad / Worried / Angry / Tired / Unsure / Something else

My feeling, in my own way

What I would like right now

My message, my choice

Choose a message that is useful to you. You can use your usual communication, add your own message, or leave this page.

My idea

What would help?

Something else I want to say

Speak, point, draw, write, sign, use AAC or ask someone to scribe. You can skip a question.

A little guidance for adults

Begin with a choice

Offer the activity and explain what it involves. Let the learner choose how to take part, take a break or stop.

Read and notice

Use the included extract or the real page previews on the book page. Invite observations before giving your interpretation.

Make space for a response

Allow processing time. Accept speech, gesture, pointing, drawing, signing, AAC or silence. Avoid turning a shared story into a test.

Try one small next step

Use the supplementary activity. Notice the learner’s ideas and adapt the materials, pace and response method.

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